



# The Tanglewood Times

## Lodge D

Miss Michelle

It's all about exercise and taking care of our bodies by eating healthy foods. We will be learning different exercises and some kid yoga poses. At home make a yummy healthy meal together.

March letters:

**Cc, Qq and Vv**

March numbers:

**17 and 18**

March shape:

**Trapezoid**

March color:

**Yellow**

## March 2018

### Main Theme- Exercise

Additional Themes-

St. Patrick's Day

Spring Fling

## March Focus Questions

- Why do we need exercise?
- What healthy foods should we eat?
- What happens in the spring?
- What is at the end of your rainbow?

## Food Experience

03/07- Energy Trail Mix

03/16- Green and White Party

03/21- Strawberry Banana Smoothie

03/29- Spring Fling

## FYI's

Our **Green & White Party** is on  
**Friday, March 16<sup>th</sup>!**

Look for the **sign-up sheet** in the classroom if you would  
like to **donate items for the party.**

Please **bring in items** no later than  
**Wednesday, March 14<sup>th</sup>**

Thank you!

**Don't forget to wear Green & White!**

## EGG HUNT

03/27

PLEASE BRING IN A BAG OF INDIVIDUALLY WRAPPED  
CANDY NO NUTS by Friday, March 23rd

## **Happy Birthday!**

**Dr. Seuss- March 2<sup>nd</sup>**

**Julien - March 19<sup>th</sup>**

## Reminders

- **Scholastic Book Fair**  
**March 5<sup>th</sup> - 9<sup>th</sup>** in the Indoor Playground
- **Jitterbug Gym** dates for **March** are the  
**7<sup>th</sup> & 14<sup>th</sup>.**
- **Spring Pictures** **Wednesday, March**  
**14<sup>th</sup>**
- **Spring Picture Sale** **March 28<sup>th</sup> 3:00-**  
**6:00 & March 29<sup>th</sup> 11:30-12:30 and**  
**3:00-6:00**
- **Green & White Party** is **March 16<sup>th</sup>.**  
Don't forget to **dress in Green & White!**
- **Spring Fling** **03/29/2018**
- **TLC will be closed 03/30 In**  
**Observance of Good Friday**

Please Bring in a Pastel Gift Bag by  
March 9<sup>th</sup> 2018.