



January 2019 Meal Plan

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	12/31 CLOSED FOR NEW YEAR'S EVE	1 CLOSED FOR NEW YEAR'S DAY	2 Tacos, Corn, Fruit, Milk	3 Cheese Chunks, Yogurt, Crackers, Cucumbers, Fruit, Milk	4 Pizza, Fruit and Milk	
	7 Chicken Nuggets, B+B, Carrots, Fruit, Milk	8 Mac and Cheese, B+B, Salad, Fruit, Milk	9 Chili, Corn Chips, 3 bean Salad, Fruit, Milk	10 Ham + Cheese Sandwich, Cucumbers, Fruit, Milk	11 Pizza, Fruit and Milk	
	14 Pasta Alfredo, 3 bean salad, B+B, Fruit, Milk	15 Hot Dogs, Salad, Fruit, Milk	16 Fish Sticks, Peas, B+B, Fruit, Milk	17 Turkey + Cheese, Sandwich, cucumbers, Fruit, Milk	18 Pizza, Fruit and Milk	
	21 CLOSED FOR MLK Day	22 Lasagna, B+B, Salad, Fruit, Milk	23 Chicken Fajitas, Tortilla, Corn, Fruit, Milk	24 Chicken Salad, Cheese Stick, Crackers, Cucumbers, Fruit, Milk	25 Pizza, Fruit and Milk	
	28 Meatballs, B+B, Carrots, Fruit, Milk	29 Chicken Nuggets, Tortilla, Salad, Fruit, Milk	30 Ravioli, B+B, Green Bean Salad, Fruit, Milk	31 Bologna Sandwich, Cheese Stick, Cucumber, Fruit, Milk	02/01 Pizza, Fruit and Milk	

Meal Plan Includes: A.M. and P.M. Snack provided by Tanglewood Learning Center
 Monday- Thursday Lunch Entrée, Fruit and Vegetable Catered by Healthy Cameals
 Friday Lunch Entrée and Fruit Catered by Mamma Mia Pizzeria
 Please be advised that this menu is subject to change without notice
 Monday Snack A.M. Kix + Juice, P.M. Goldfish + Juice, Tuesday Snack A.M. Animal Crackers + Juice P.M. Pretzels + Juice
 Wednesday Snack A.M. Food Experience P.M. Graham Crackers + Juice, Thursday Snack A.M. Fruit Spins + Juice P.M. Cheez Its + Juice
 Friday Snack A.M. Nilla Wafers + Juice, P.M. Sandwich Cookies, + Juice